

Stage Right's GymnaStec's program is designed to give students the opportunity to develop basic gymnastics tumbling skills. Students range in age from 3 years old to 18. Class size is limited to approximately 9 students. For each class, there are usually three adult teachers and at least two student assistants. For inquires about classes, please contact Denise Stec at dstecgymnastics@gmail.com or by phone at 989-305-0137 before 8 p.m. The class sessions are held on Thursday evenings in Tawas, they are 45 minutes long, and they run for six weeks per session. The cost is \$65 per session. This year's sessions dates are as follows:

| FOR SESSION STARTING THIS DATE | | PAMENT DEADLINE IS THIS DATE |
|--------------------------------|---|------------------------------|
| September 2 | > | August 12 |
| October 14 | ^ | September 23 |
| December 2 | > | November 11 |
| January 27 | > | January 6 |
| March 10 | > | February 17 |
| April 28 | > | April 7 |

*Some sessions will have six classes but skipped dates due to holidays.

The classes for toddlers and young elementary school students are designed to provide social interaction and help students learn to participate in group activities. We will focus on gross motor skills, body, spatial, and directional awareness, listening skills, and cooperation...as well as gymnastics!



Denise Stec has been involved in gymnastics for over 45 years as a competitor, registered MHSAA gymnastics official, and instructor. Locally, she has taught recreational gymnastics programs in Tawas, Oscoda, and Whittemore-Prescott. She taught gymnastics through Carol Ann's Dance studio in Tawas for over 20 years and ran the GymnaStec's program at IRESA from 2011 to 2021.